January 27th 2002 . Meet director Brad Madvig YMCA New Hope

LIFTER	SQUAT	BENCH	DEADLIFT	TOTAL				
Women's 148								
Christy Bang	240	115	245	600				
Men's 148								
Brain Vanoray	240	140	375	755				
Men's 165								
Mark Schultenover	530	315	500	1345				
Mike Hulse	530	295	475	1300				
Joel Bell	450	290	480	1220				
Jim Gardner	325	240	465	1030				
Joey Sinkel	225	270	275	770				
Men's 181								
Pat Beaumaster	580	385	565 1530					
Tony Reid	540	375	595	1510				
Joe Icenhour	455	305	555	1315				
Blake Hanson	510	300	500	1310				
Sid Reid	450	280	520	1250				
Jon Ness	430	290	430	1150				
Men's 198								
Nick Tylutki	680	350	670	1700				

Sean Timomen	580	350	610	1540		
Jason Adamski	515	400	560	1475		
Doug Miller	475	380	520	1375		
Jason Keller	250	185	360	795		
Men's 220						
Mitch Edelstein	605	420	660	1685		
Nathan Nord	540	425	575	1540		
Michael Volstad	525	400	540	1465		
Trevor Keller	485	365	285	1135		
Men's 242						
Marc Becker	500	320	615	1435		
Bob Foley	365	265	455	1085		
Men's 275						
Gary Minnie	750	455	525	1730		
Men's Supers						
Greg Collins	645	430	225	1300		

The USAPL of Minnesota season kicked off with the annual State Open at the New Hope YMCA with remarkable success. Beginners and veterans alike came to this event to battle for the prestigious State champion titles. Some notable lifting; Christy Bang entered this event to help prepare herself for Women's Nationals in a couple weeks. She managed to reset her squat, bench and total record in the process. Christy will be seeing her first national event in Chicago which will be the largest Women's event ever for the USAPL. Brain Vanoray started out at his first meet this year in the 148 weight class with a 755 total which included a 375 deadlift done with a hook grip. A Big Brad in the making? We shall see.

Mark Schultenover in the 165 weight class made his return to the platform in a major way with a two new master records in the bench and total of 1345. This overtakes the records set by Minnesota lifting legion Ron Hoff who also made his return this past year to the USAPL. I see a major match up coming with these two lifters. Mike Hulse owner of <u>Powersource Nutrition</u> came in second with a total of 1300 which included a squat of 530.

In the 181 weight class multiple state champion and national level lifter Pat Beaumaster came to defend his title after a short hiatus with a 1530 total which included a 580 squat. Pat had quite a few fans in the crowd. He is a New Hope Police officer and works with many of the kids in the activities in the YMCA in which many where present to cheer him on. Pat was fiercely challenged by Tony Reid who pulled a massive 595 pull to produce a total of 1510

The 198 weight class saw the return of Nick Tylutki who is about as well rounded of a lifter as they come. Nick is one of the fastest raising lifters in the USAPL ranks I have ever seen. In a few short years he has won State and National titles and medalled in IPF contests around the world. Nick unofficially set Jr American records in the squat (680) and in the deadlift (670). Nick also made a run at a 700 pound deadlift for his 3rd attempt. He just got it past his knees but ran out of gas. Sean Timomen placed second with a very solid performance. Sean seemed to have trouble getting all three lifts to work all at once in past events, but today was without a doubt his day ending up with a 1540 total being one of his best ever. The 220 class saw a fine performance by Mitch Edelstein who has finally got accustomed to his new bodyweight in the 220 weight class with a squat of 605 nearing his PR. Mitch now has regained his state title.

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The YMCA

I want to thank Chad Lanners and his staff for their help in making this meet a fantastic success. They help with everything from set up to tear down. I want to thank all the kids of the YMCA for helping out as well. The YMCA staff was there for us every step of the way helping us out with everything we needed. The YMCA was very impressed by what we did today and is very interested in continuing their support of USA Powerlifting in Minnesota. They are very much behind our drug free stance. It looks like a go to have this event and others again in New Hope. I also want to thank the crowd at this event for their very vocal support of the lifters. This is without a doubt one of the larger crowds I have seen at a MN meet. Thank you for your support.

The state open looks like the start of another great season of lifting in Minnesota. This is all possible with the efforts of so many. If I have missed anyone I am very sorry. What we all saw today is the reason why USA Powerlifting in Minnesota is such a dominant force second to none. I hope to see many of you out there for the rest of what looks like to be the best season ever.

EVENT STAFF

- Judges/Spotters and loaders, Rick Stainus, Angla Simmons, Dan Rgnonti, Brian Huydma Tony Weippert, Mark Rodacker, Shawn Cain, Steve Johnson.
- Scoring Table..
- Tony Williams, Judy Durth, Maura Shuttleworth
- Marv Gordon and Sandy Perron
- Thanks to Marv and Sandy for working the music and helping the new people feel right at home. Thanks for being there to answer their questions.
- Spotters and loaders Tom Jacobs, Jeffery Stevenson and others.
- Drug Testing
- Dennis Green