

MN State Records set at 2019 Raw Nationals (October 16-20)

Date	Competition	Name	Type	Exercise	Division	Weightclass	Weight	Existing record	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cody Carpentier	Minnesota State Raw Records	Squat	R-O*	-120	322.5 kg	317.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cody Carpentier	Minnesota State Raw Records	Squat	R-JR	-120	322.5 kg	317.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Kody Sanders	Minnesota State Raw Records	Bench press	R-T3	-120	182.5 kg	177.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Kody Sanders	Minnesota State Raw Records	Bench press single lift	R-T3	-120	182.5 kg	177.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cole Warren	Minnesota State Raw Records	Total	R-JR	-105	815 kg	795 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cole Warren	Minnesota State Raw Records	Squat	R-JR	-105	295 kg	287.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cole Warren	Minnesota State Raw Records	Bench press	R-O*	-105	202.5 kg	200 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cole Warren	Minnesota State Raw Records	Bench press	R-JR	-105	202.5 kg	197.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Cole Warren	Minnesota State Raw Records	Bench press single lift	R-JR	-105	202.5 kg	197.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jon Govin	Minnesota State Raw Records	Squat	R-M3A*	-105	205 kg	197.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Chad Schroeder	Minnesota State Raw Records	Deadlift	R-O	-105	335 kg	332.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Amy Schroeder	Minnesota State Raw Records	Total	R-M1A*	84+	417.5 kg	405 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Tabitha Miller	Minnesota State Raw Records	Total	R-O	84+	580 kg	567.5 kg	 <input type="checkbox"/>

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10/16/2019	2019 Raw Nationals	Jason Bongard	Minnesota State Raw Records	Bench press	R-O	-93	187.5 kg	185 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jason Bongard	Minnesota State Raw Records	Bench press single lift	R-O	-93	187.5 kg	185 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rachel Stark	Minnesota State Raw Records	Bench press	R-JR	84+	97.5 kg	95 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rachel Stark	Minnesota State Raw Records	Bench press single lift	R-JR	84+	97.5 kg	95 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Amy Schroeder	Minnesota State Raw Records	Squat	R-M1A*	84+	172.5 kg	157.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Tabitha Miller	Minnesota State Raw Records	Squat	R-O	84+	227.5 kg	222.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Tabitha Miller	Minnesota State Raw Records	Bench press	R-O	84+	117.5 kg	115 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Tabitha Miller	Minnesota State Raw Records	Deadlift	R-O	84+	235 kg	230 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Tabitha Miller	Minnesota State Raw Records	Bench press single lift	R-O	84+	117.5 kg	115 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Francesca Bill	Minnesota State Raw Records	Total	R-M1A*	-84	395 kg	387.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Sandy Burch	Minnesota State Raw Records	Total	R-M2A*	-84	325 kg	312.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Amanda Lawrence	Minnesota State Raw Records	Squat	R-O*	-84	250.5 kg	243 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Amanda Lawrence	Minnesota State Raw Records	Squat	R-JR	-84	250.5 kg	243 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Sandy Burch	Minnesota State Raw Records	Squat	R-M2A*	-84	120 kg	110 kg	 <input type="checkbox"/>

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10/16/2019	2019 Raw Nationals	Sandy Burch	Minnesota State Raw Records	Bench press	R-M2A*	-84	72.5 kg	70 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Sandy Burch	Minnesota State Raw Records	Bench press single lift	R-M2A*	-84	72.5 kg	70 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Squat	R-M2B*	-84	105 kg	97.5 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Squat	R-M3A*	-84	105 kg	97.5 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Bench press	R-M2B*	-84	67.5 kg	65 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Bench press	R-M3A*	-84	67.5 kg	65 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Bench press single lift	R-M2B*	-84	67.5 kg	65 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jane Rice	Minnesota State Raw Records	Bench press single lift	R-M3A*	-84	67.5 kg	65 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jacob Ramos	Minnesota State Raw Records	Total	R-JR	-74	712.5 kg	700 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Thomas Hay	Minnesota State Raw Records	Total	R-M3A*	-74	350 kg	320 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Total	R-T2	-74	615 kg	598.5 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jacob Ramos	Minnesota State Raw Records	Deadlift	R-JR	-74	282.5 kg	280 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Thomas Hay	Minnesota State Raw Records	Squat	R-M3A*	-74	110 kg	82.5 kg	<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Thomas Hay	Minnesota State Raw Records	Deadlift	R-M3A*	-74	160 kg	155 kg	<input type="checkbox"/>

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10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Squat	R-T2	-74	220 kg	218 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Bench press	R-T2	-74	130 kg	122.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Deadlift	R-T2	-74	265 kg	258 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Deadlift	R-T3*	-74	265 kg	258 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Seth Dasuki	Minnesota State Raw Records	Bench press single lift	R-T2	-74	130 kg	122.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Alison Behnke	Minnesota State Raw Records	Bench press	R-O	-72	95 kg	90 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Alison Behnke	Minnesota State Raw Records	Bench press single lift	R-O	-72	95 kg	92.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Total	R-T1	-63	292.5 kg	262.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Total	R-T2*	-63	292.5 kg	262.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Joe Hays	Minnesota State Raw Records	Squat	R-M1A*	-66	140 kg	137.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Joe Hays	Minnesota State Raw Records	Squat	R-M1B*	-66	140 kg	137.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Joe Hays	Minnesota State Raw Records	Squat	R-M2A*	-66	140 kg	137.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Joe Hays	Minnesota State Raw Records	Squat	R-M2B*	-66	140 kg	137.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Lara Friedman-Shedlov	Minnesota State Raw Records	Squat	R-M2A*	-63	125 kg	120 kg	 <input type="checkbox"/>

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10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Squat	R-T1	-63	107.5 kg	95 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Squat	R-T2*	-63	107.5 kg	102.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Bench press	R-T1	-63	57.5 kg	52.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Bench press	R-T2*	-63	57.5 kg	52.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Deadlift	R-T1	-63	127.5 kg	115 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Deadlift	R-T2*	-63	127.5 kg	120 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Bench press single lift	R-T1	-63	57.5 kg	52.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Rylee Kara	Minnesota State Raw Records	Bench press single lift	R-T2*	-63	57.5 kg	52.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Megan Schilling	Minnesota State Raw Records	Total	R-M1A*	-57	337.5 kg	325 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Lynn Pietig	Minnesota State Raw Records	Total	R-M2A*	-57	292.5 kg	277.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Pa Woua Vang	Minnesota State Raw Records	Total	R-O	-57	387.5 kg	372.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Megan Schilling	Minnesota State Raw Records	Squat	R-M1A*	-57	122.5 kg	120 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Megan Schilling	Minnesota State Raw Records	Deadlift	R-M1A*	-57	150 kg	142.5 kg	 <input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Lynn Pietig	Minnesota State Raw Records	Squat	R-M2A*	-57	110 kg	102.5 kg	 <input type="checkbox"/>

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10/16/2019	2019 Raw Nationals	Lynn Pietig	Minnesota State Raw Records	Deadlift	R-M2A*	-57	135 kg	130 kg		<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Pa Woua Vang	Minnesota State Raw Records	Squat	R-O	-57	145 kg	137.5 kg		<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Pa Woua Vang	Minnesota State Raw Records	Bench press	R-O	-57	85 kg	82.5 kg		<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jessilyn Vizenor	Minnesota State Raw Records	Total	R-O	-52	365 kg	352.5 kg		<input type="checkbox"/>
10/16/2019	2019 Raw Nationals	Jessilyn Vizenor	Minnesota State Raw Records	Squat	R-O	-52	137.5 kg	132.5 kg		<input type="checkbox"/>