

Minnesota Records set at Minnesota Ladies of Iron (5/22/2021)

MN-2021-05

Date	Competition	Name	Type	Exercise	Division Weightclass	Weight	Existing record
05/22/2021	Minnesota Ladies of Iron	Eve Weatherwax	Minnesota State Raw Records	Squat	R-M1A* 84+	180 kg	172.5 kg
05/22/2021	Minnesota Ladies of Iron	Kristy Cannon	Minnesota State Raw Records	Total	R-M1A* -76	365 kg	312.5 kg
05/22/2021	Minnesota Ladies of Iron	Kristy Cannon	Minnesota State Raw Records	Squat	R-M1A* -76	137.5 kg	112.5 kg
05/22/2021	Minnesota Ladies of Iron	Kristy Cannon	Minnesota State Raw Records	Deadlift	R-M1A* -76	152.5 kg	140 kg
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Total	R-M1A* -63	375 kg	365 kg
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Total	R-M1B* -63	375 kg	365 kg
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Total	R-M2A* -63	375 kg	365 kg
05/22/2021	Minnesota Ladies of Iron	Kathryn Stewart	Minnesota State Raw Records	Total	R-M3A* -63	242.5 kg	<u>To be set</u>
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Deadlift	R-M1A* -63	177.5 kg	172.5 kg
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Deadlift	R-M1B* -63	177.5 kg	172.5 kg
05/22/2021	Minnesota Ladies of Iron	Lara Friedman-Shedlov	Minnesota State Raw Records	Deadlift	R-M2A* -63	177.5 kg	172.5 kg
05/22/2021	Minnesota Ladies of Iron	Kathryn Stewart	Minnesota State Raw Records	Squat	R-M3A* -63	85 kg	<u>To be set</u>
05/22/2021	Minnesota Ladies of Iron	Kathryn Stewart	Minnesota State Raw Records	Bench press	R-M3A* -63	55 kg	<u>To be set</u>
05/22/2021	Minnesota Ladies of Iron	Kathryn Stewart	Minnesota State Raw Records	Deadlift	R-M3A* -63	102.5 kg	<u>To be set</u>
05/22/2021	Minnesota Ladies of Iron	Kathryn Stewart	Minnesota State Raw Records	Bench press single lift	R-M3A* -63	55 kg	<u>To be set</u>