

Minnesota State Records set at the Minnesota High School, Teen & Youth Championships (2/13/22)

MN-2022-02

Minnesota State Raw Records R-JR	-90	Squat	Milo Arlinghaus	225 kg
Minnesota State Raw Records R-JR	-90	Total	Reed Gizinski	622.5 kg
Minnesota State Raw Records R-JR	-90	Deadlift	Reed Gizinski	275 kg
Minnesota State Raw Records R-T1	-60	Bench press single lift	Alexander Goodman	80 kg
Minnesota State Raw Records R-T1	-60	Bench press	Alexander Goodman	80 kg
Minnesota State Raw Records R-T1	-60	Total	James Rabasco	332.5 kg
Minnesota State Raw Records R-T1	-60	Squat	James Rabasco	117.5 kg
Minnesota State Raw Records R-T1	-67.5	Total	Jake Merchlewitz	390 kg
Minnesota State Raw Records R-T1	-67.5	Deadlift	Jake Merchlewitz	170 kg
Minnesota State Raw Records R-T2	-110	Bench press single lift	Jesus Flores	137.5 kg
Minnesota State Raw Records R-T2	-110	Total	Jesus Flores	530 kg
Minnesota State Raw Records R-T2	-110	Deadlift	Jesus Flores	187.5 kg
Minnesota State Raw Records R-T2	-110	Bench press	Jesus Flores	137.5 kg
Minnesota State Raw Records R-T2	-110	Squat	Jesus Flores	205 kg
Minnesota State Raw Records R-T2	-125	Bench press single lift	Christian Sivongxay	142.5 kg
Minnesota State Raw Records R-T2	-125	Bench press	Christian Sivongxay	142.5 kg
Minnesota State Raw Records R-T3	-110	Bench press single lift	Jesus Flores	137.5 kg
Minnesota State Raw Records R-T3	-110	Bench press	Jesus Flores	137.5 kg
Minnesota State Raw Records R-T3	-125	Total	Christian Sivongxay	542.5 kg
Minnesota State Raw Records R-T3	-125	Squat	Christian Sivongxay	200 kg
Minnesota State Raw Records R-JR	-48	Bench press single lift	Anabelle Engen	45 kg
Minnesota State Raw Records R-JR	-48	Total	Anabelle Engen	215 kg
Minnesota State Raw Records R-JR	-48	Bench press	Anabelle Engen	45 kg
Minnesota State Raw Records R-JR	-48	Squat	Anabelle Engen	72.5 kg
Minnesota State Raw Records R-JR	-48	Deadlift	Sadie Coleman	107.5 kg
Minnesota State Raw Records R-JR	-82.5	Bench press single lift	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-JR	-82.5	Total	Adrienne Mongeon	335 kg
Minnesota State Raw Records R-JR	-82.5	Bench press	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-JR	-82.5	Squat	Adrienne Mongeon	127.5 kg
Minnesota State Raw Records R-JR	-82.5	Deadlift	Linaya Swenson Tubbs	140 kg
Minnesota State Raw Records R-JR	-100	Bench press single lift	Sierra Sedlacek	72.5 kg

Minnesota State Raw Records R-JR	-100	Total	Sierra Sedlacek	322.5 kg
Minnesota State Raw Records R-JR	-100	Bench press	Sierra Sedlacek	72.5 kg
Minnesota State Raw Records R-JR	-100	Squat	Sierra Sedlacek	120 kg
Minnesota State Raw Records R-JR	100+	Total	Julia Matthews	425 kg
Minnesota State Raw Records R-JR	100+	Deadlift	Julia Matthews	175 kg
Minnesota State Raw Records R-JR	100+	Squat	Julia Matthews	172.5 kg
Minnesota State Raw Records R-T1	-48	Total	Sadie Coleman	197.5 kg
Minnesota State Raw Records R-T1	-48	Deadlift	Sadie Coleman	107.5 kg
Minnesota State Raw Records R-T1	-48	Squat	Sadie Coleman	60 kg
Minnesota State Raw Records R-T2	-48	Bench press single lift	Anabelle Engen	45 kg
Minnesota State Raw Records R-T2	-48	Total	Anabelle Engen	215 kg
Minnesota State Raw Records R-T2	-48	Bench press	Anabelle Engen	45 kg
Minnesota State Raw Records R-T2	-48	Squat	Anabelle Engen	72.5 kg
Minnesota State Raw Records R-T2	-48	Deadlift	Sadie Coleman	107.5 kg
Minnesota State Raw Records R-T2	-52	Total	Rebecca Sundvall	162.5 kg
Minnesota State Raw Records R-T2	-52	Deadlift	Rebecca Sundvall	70 kg
Minnesota State Raw Records R-T2	-52	Squat	Rebecca Sundvall	60 kg
Minnesota State Raw Records R-T2	-60	Bench press single lift	Ellietta Phorn	52.5 kg
Minnesota State Raw Records R-T2	-60	Total	Ellietta Phorn	285 kg
Minnesota State Raw Records R-T2	-60	Deadlift	Ellietta Phorn	117.5 kg
Minnesota State Raw Records R-T2	-60	Bench press	Ellietta Phorn	52.5 kg
Minnesota State Raw Records R-T2	-60	Squat	Ellietta Phorn	115 kg
Minnesota State Raw Records R-T2	-67.5	Total	Rylee Kara	342.5 kg
Minnesota State Raw Records R-T2	-67.5	Squat	Rylee Kara	130 kg
Minnesota State Raw Records R-T2	-82.5	Bench press single lift	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-T2	-82.5	Total	Adrienne Mongeon	335 kg
Minnesota State Raw Records R-T2	-82.5	Bench press	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-T2	-82.5	Squat	Adrienne Mongeon	127.5 kg
Minnesota State Raw Records R-T2	-82.5	Deadlift	Linaya Swenson Tubbs	140 kg
Minnesota State Raw Records R-T2	-100	Bench press single lift	Sierra Sedlacek	72.5 kg
Minnesota State Raw Records R-T2	-100	Total	Sierra Sedlacek	322.5 kg
Minnesota State Raw Records R-T2	-100	Deadlift	Sierra Sedlacek	130 kg
Minnesota State Raw Records R-T2	-100	Bench press	Sierra Sedlacek	72.5 kg
Minnesota State Raw Records R-T2	-100	Squat	Sierra Sedlacek	120 kg
Minnesota State Raw Records R-T3	-48	Bench press single lift	Anabelle Engen	45 kg
Minnesota State Raw Records R-T3	-48	Total	Anabelle Engen	215 kg
Minnesota State Raw Records R-T3	-48	Bench press	Anabelle Engen	45 kg
Minnesota State Raw Records R-T3	-48	Squat	Anabelle Engen	72.5 kg
Minnesota State Raw Records R-T3	-48	Deadlift	Sadie Coleman	107.5 kg
Minnesota State Raw Records R-T3	-52	Total	Rebecca Sundvall	162.5 kg

Minnesota State Raw Records R-T3	-52	Deadlift	Rebecca Sundvall	70 kg
Minnesota State Raw Records R-T3	-60	Bench press single lift	Ellietta Phorn	52.5 kg
Minnesota State Raw Records R-T3	-60	Total	Ellietta Phorn	285 kg
Minnesota State Raw Records R-T3	-60	Deadlift	Ellietta Phorn	117.5 kg
Minnesota State Raw Records R-T3	-60	Bench press	Ellietta Phorn	52.5 kg
Minnesota State Raw Records R-T3	-60	Squat	Ellietta Phorn	115 kg
Minnesota State Raw Records R-T3	-67.5	Squat	Rylee Kara	130 kg
Minnesota State Raw Records R-T3	-82.5	Bench press single lift	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-T3	-82.5	Total	Adrienne Mongeon	335 kg
Minnesota State Raw Records R-T3	-82.5	Bench press	Adrienne Mongeon	80 kg
Minnesota State Raw Records R-T3	-82.5	Squat	Adrienne Mongeon	127.5 kg
Minnesota State Raw Records R-T3	-82.5	Deadlift	Linaya Swenson Tubbs	140 kg
Minnesota State Raw Records R-T3	-100	Bench press single lift	Sierra Sedlacek	72.5 kg
Minnesota State Raw Records R-T3	-100	Total	Sierra Sedlacek	322.5 kg
Minnesota State Raw Records R-T3	-100	Deadlift	Sierra Sedlacek	130 kg
Minnesota State Raw Records R-T3	-100	Bench press	Sierra Sedlacek	72.5 kg
Minnesota State Raw Records R-T3	-100	Squat	Sierra Sedlacek	120 kg
Minnesota State Raw Records R-T3	100+	Bench press single lift	Julia Matthews	77.5 kg
Minnesota State Raw Records R-T3	100+	Total	Julia Matthews	425 kg
Minnesota State Raw Records R-T3	100+	Deadlift	Julia Matthews	175 kg
Minnesota State Raw Records R-T3	100+	Bench press	Julia Matthews	77.5 kg
Minnesota State Raw Records R-T3	100+	Squat	Julia Matthews	172.5 kg
Minnesota State Raw Records R-Y1	-30	Bench press single lift	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y1	-30	Bench press	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y2	-30	Bench press single lift	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y2	-30	Bench press	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y2	-67.5	Total	Hannah Dittrich	185 kg
Minnesota State Raw Records R-Y2	-67.5	Deadlift	Hannah Dittrich	87.5 kg
Minnesota State Raw Records R-Y2	-67.5	Squat	Hannah Dittrich	62.5 kg
Minnesota State Raw Records R-Y3	-30	Bench press single lift	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y3	-30	Bench press	Norah Hogen	20.5 kg
Minnesota State Raw Records R-Y3	-67.5	Bench press single lift	Morgan Merchlewitz	55 kg
Minnesota State Raw Records R-Y3	-67.5	Total	Morgan Merchlewitz	267.5 kg
Minnesota State Raw Records R-Y3	-67.5	Deadlift	Morgan Merchlewitz	125 kg
Minnesota State Raw Records R-Y3	-67.5	Bench press	Morgan Merchlewitz	55 kg
Minnesota State Raw Records R-Y3	-67.5	Squat	Morgan Merchlewitz	87.5 kg

