

# Minnesota State Records set at the Minnesota Ladies of Iron (4/30/22)

MN-2022-05

|                                   |       |                         |                                 |          |
|-----------------------------------|-------|-------------------------|---------------------------------|----------|
| Minnesota State Raw Records R-JR  | -100  | Total                   | <a href="#">Kenady Benning</a>  | 435 kg   |
| Minnesota State Raw Records R-JR  | -100  | Squat                   | <a href="#">Kenady Benning</a>  | 172.5 kg |
| Minnesota State Raw Records R-M1A | -75   | Deadlift                | <a href="#">Lindsey Johnson</a> | 157.5 kg |
| Minnesota State Raw Records R-M2A | -90   | Total                   | <a href="#">Renee Scheiben</a>  | 200 kg   |
| Minnesota State Raw Records R-M2A | -90   | Deadlift                | <a href="#">Renee Scheiben</a>  | 90 kg    |
| Minnesota State Raw Records R-M2A | -90   | Bench press             | <a href="#">Renee Scheiben</a>  | 47.5 kg  |
| Minnesota State Raw Records R-M2A | -90   | Squat                   | <a href="#">Renee Scheiben</a>  | 62.5 kg  |
| Minnesota State Raw Records R-O   | -48   | Squat                   | <a href="#">Marylyn Pham</a>    | 97.5 kg  |
| Minnesota State Raw Records R-O   | -56   | Total                   | <a href="#">Rachel Hartnett</a> | 377.5 kg |
| Minnesota State Raw Records R-O   | -56   | Deadlift                | <a href="#">Rachel Hartnett</a> | 170 kg   |
| Minnesota State Raw Records R-O   | -56   | Bench press             | <a href="#">Rachel Hartnett</a> | 77.5 kg  |
| Minnesota State Raw Records R-O   | -56   | Squat                   | <a href="#">Rachel Hartnett</a> | 130 kg   |
| Minnesota State Raw Records R-O   | -82.5 | Bench press single lift | <a href="#">Wynonah Filla</a>   | 105 kg   |
| Minnesota State Raw Records R-O   | -82.5 | Bench press             | <a href="#">Wynonah Filla</a>   | 105 kg   |
| Minnesota State Raw Records R-T2  | -75   | Bench press single lift | <a href="#">Libby Reitmeier</a> | 72.5 kg  |
| Minnesota State Raw Records R-T2  | -75   | Total                   | <a href="#">Libby Reitmeier</a> | 312.5 kg |
| Minnesota State Raw Records R-T2  | -75   | Bench press             | <a href="#">Libby Reitmeier</a> | 72.5 kg  |
| Minnesota State Raw Records R-T2  | -75   | Squat                   | <a href="#">Libby Reitmeier</a> | 117.5 kg |
| Minnesota State Raw Records R-T3  | -75   | Deadlift                | <a href="#">Harper Lux</a>      | 132.5 kg |
| Minnesota State Raw Records R-T3  | -75   | Squat                   | <a href="#">Libby Reitmeier</a> | 117.5 kg |