

Minnesota State Records set at the Minnesota Youth and Teen Show of Strength (09/17/22)

MN-2022-12

Date	Competition	Name	Type	Exercise	Division	Weightclass	Weight
09/17/2022	Minnesota Youth and Teen Show of Strength	Hannah Dittrich	Minnesota State Raw Records	Total	R-Y2	-75	217.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Hannah Dittrich	Minnesota State Raw Records	Squat	R-Y2	-75	80 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Hannah Dittrich	Minnesota State Raw Records	Bench press	R-Y2	-75	40 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Hannah Dittrich	Minnesota State Raw Records	Deadlift	R-Y2	-75	97.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Hannah Dittrich	Minnesota State Raw Records	Bench press single lift	R-Y2	-75	40 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Abigail Morrow	Minnesota State Raw Records	Squat	R-Y2	-48	52.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Jayda Kolstoe	Minnesota State Raw Records	Total	R-T1	-82.5	230 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Sierra Sedlacek	Minnesota State Raw Records	Total	R-T2	100+	350 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Jayda Kolstoe	Minnesota State Raw Records	Squat	R-T1	-82.5	82.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Sierra Sedlacek	Minnesota State Raw Records	Squat	R-T2	100+	125 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Sierra Sedlacek	Minnesota State Raw Records	Bench press	R-T2	100+	77.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Jayda Kolstoe	Minnesota State Raw Records	Deadlift	R-T1	-82.5	100 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Sierra Sedlacek	Minnesota State Raw Records	Deadlift	R-T2	100+	147.5 kg
09/17/2022	Minnesota Youth and Teen Show of Strength	Sierra Sedlacek	Minnesota State Raw Records	Bench press single lift	R-T2	100+	77.5 kg