Minnesota State Records set at the 2023 Minnesota State High School, Teen and Youth Championships (2/12/2023)

MN-2023-01

02/12/2023	Minnesota State High School, Teen and Youth Championships	<u>Morgan</u> <u>Merchlewitz</u>	Minnesota State Raw Records	Total	R-T1*	-75	320 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Total	R-T2*	-75	320 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Total	R-Y3	-75	320 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Squat	R-T1*	-75	117.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Squat	R-Y3	-75	117.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Aidan Jones	Minnesota State Raw Records	Squat	R-T3*	-100	235 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Bench press	R-Y3	-75	60 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Deadlift	R-T1*	-75	142.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	<u>Morgan</u> <u>Merchlewitz</u>	Minnesota State Raw Records	Deadlift	R-T2*	-75	142.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Deadlift	R-Y3	-75	142.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Matthew Nash	Minnesota State Raw Records	Deadlift	R-T2	-100	277.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Morgan Merchlewitz	Minnesota State Raw Records	Bench press single lift	R-Y3	-75	60 kg
02/12/2023	and Youth Championships	Ava Cahill	Minnesota State Raw Records	Total	R-T1	-60	237.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Ava Cahill	Minnesota State Raw Records	Squat	R-T1	-60	80 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Ava Cahill	Minnesota State Raw Records	Bench press	R-T1	-60	42.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Ava Cahill	Minnesota State Raw Records	Deadlift	R-T1	-60	115 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Ava Cahill	Minnesota State Raw Records	Bench press single lift	R-T1	-60	42.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Kaleb Buckner	Minnesota State Raw Records	Total	R-Y3*	-75	177.5 kg
02/12/2023	and routh Championships	Kaleb Buckner	Minnesota State Raw Records	Total	R-Y2	-75	177.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Kaleb Buckner	Minnesota State Raw Records	Squat	R-Y3*	-75	65 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Kaleb Buckner	Minnesota State Raw Records	Squat	R-Y2	-75	65 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	<u>Sydney</u> <u>Kanthack</u>	Minnesota State Raw Records	Bench press	R-T2	-56	47.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Kaleb Buckner	Minnesota State Raw Records	Bench press	R-Y2	-75	27.5 kg
02/12/2023	Minnesota State High School, Teen and Youth Championships	Kaleb Buckner	Minnesota State Raw Records	Deadlift	R-Y2	-75	85 kg

Minnesota State High School, Teen and Youth Championships	<u>Sydney</u> <u>Kanthack</u>	Minnesota State Raw Records	Bench press single lift	R-T2	-56	47.5 kg
Minnesota State High School, Teen and Youth Championships	<u>Kaleb Buckner</u>	Minnesota State Raw Records	Bench press single lift	R-Y2	-75	27.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Total	R-T2*	-52	237.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Total	R-T3*	-52	237.5 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Total	R-T3	-67.5	518 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Total	R-JR*	-67.5	518 kg
Minnesota State High School, Teen and Youth Championships	Cameron Evans	Minnesota State Raw Records	Total	R-Y3	-67.5	315 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Squat	R-T2*	-52	87.5 kg
Minnesota State High School, Teen and Youth Championships	Cameron Evans	Minnesota State Raw Records	Squat	R-Y3	-67.5	107.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Bench press	R-T2*	-52	52.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Bench press	R-T3*	-52	52.5 kg
Minnesota State High School, Teen and Youth Championships	Norah Hogen	Minnesota State Raw Records	Bench press	R-Y1	-35	22.5 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Bench press	R-O*	-67.5	158 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Bench press	R-T3	-67.5	158 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Bench press	R-JR*	-67.5	158 kg
Minnesota State High School, Teen and Youth Championships	Cameron Evans	Minnesota State Raw Records	Bench press	R-Y3	-67.5	70 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Deadlift	R-T2*	-52	97.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Deadlift	R-T3*	-52	97.5 kg
Minnesota State High School, Teen and Youth Championships	Cameron Evans	Minnesota State Raw Records	Deadlift	R-Y3	-67.5	137.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Bench press single lift	R-T2*	-52	52.5 kg
Minnesota State High School, Teen and Youth Championships	Anabelle Engen	Minnesota State Raw Records	Bench press single lift	R-T3*	-52	52.5 kg
Minnesota State High School, Teen and Youth Championships	Norah Hogen	Minnesota State Raw Records	Bench press single lift	R-Y1	-35	22.5 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Bench press single lift	R-O*	-67.5	158 kg
Minnesota State High School, Teen and Youth Championships	Minh Doan	Minnesota State Raw Records	Bench press single lift	R-T3	-67.5	158 kg
and fourif championships	Minh Doan	Minnesota State Raw Records	Bench press single lift	R-JR*	-67.5	158 kg
Minnesota State High School, Teen and Youth Championships	Cameron Evans	Minnesota State Raw Records	Bench press single lift	R-Y3	-67.5	70 kg
Minnesota State High School, Teen and Youth Championships	Megan Anderson	Minnesota State Raw Records	Squat	R-T3	-48	77.5 kg
Minnesota State High School, Teen and Youth Championships	Megan Anderson	Minnesota State Raw Records	Squat	R-JR*	-48	77.5 kg
	and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State	and Youth Championships Minnesota State High School, Teen and Youth Champi	and Youth Championships Kanthack Raw Records Minnesota State High School, Teen and Youth Championships Kaleb Buckner Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Minh Doan Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Minh Doan Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Cameron Evans Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Minh Doan Minnesota State Raw Records Minnesota State High School, Teen and Youth Championships Minh Doan Minnesota State Raw Records Minnes	and Youth Championships Minnesota State High School, Teen and Youth Champi	and Youth Championships Kanthack Raw Records single lift K-12 Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Minnesota State Araw Records Total R-72* Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State Raw Records Total R-73* Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State Raw Records Total R-73 Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Total R-73* Minnesota State High School, Teen and Youth Championships Anabelle Engen Minnesota State Raw Records Squat R-72* Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State Raw Records Bench press R-73* Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State High School,	And Youth Championships Minnesota State High School, Teen and Youth Championships Minnesota State

Name							
Name	02/12/2023	and Youth Championships	Nicholas Kurtz	Squat	R-T3	-60	152.5 kg
	02/12/2023		Sadie Coleman	Deadlift	R-T2*	-48	
	02/12/2023		Sadie Coleman	Deadlift	R-T3*	-48	
02/12/2023 Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Total R.T3* -100 150 kg Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Total R.T1* -82.5 282.5 Raw Records Total R.T1* -82.5 282.5 Raw Records Total R.T1* -82.5 Raw Records Total R.T2* -110 Raw Records Raw Records Total R.T2* -110 Raw Records Total R.T2* -110 Raw Records	02/12/2023	and Youth Championships	Sadie Coleman	Deadlift	R-JR*	-48	
102/12/2023 Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Minnesota State High School, Teen and Youth Championships Sierra Sedlacek Raw Records Minnesota State Deadlift R-T2* - 100 150 kg Raw Records Ra	02/12/2023	Minnesota State High School, Teen and Youth Championships	Sierra Sedlacek	Total	R-T2*	-100	340 kg
20/12/2023 Minnesota State High School, Teen and Youth Championships Minnesota State High School, Teen and Youth Champio	02/12/2023		Sierra Sedlacek	Total	R-T3*	-100	340 kg
1907 2021 Minnesota State High School, Teen and Youth Championships Selah Sediaces Raw Records Raw Rec	02/12/2023		Sierra Sedlacek	Deadlift	R-T2*	-100	150 kg
Name	02/12/2023	Minnesota State High School, Teen and Youth Championships	Sierra Sedlacek	Deadlift	R-T3*	-100	150 kg
Minnesota State High School, Teen and Youth Championships Minn	02/12/2023		Amaya Laue	Total	R-T1*	-82.5	
Martines	02/12/2023	Minnesota State High School, Teen	Selah Sedlacek	Total	R-T1*	100+	
Minesota State High School, Teen and Youth Championships Minesota State High School, Teen and Y	02/12/2023		Amelia Wren	Total	R-T3	-82.5	
02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen and Youth Championships 02/12/2023 Minnesota State High School, Teen	02/12/2023	and Youth Championships	Amelia Wren	Total	R-JR*	-82.5	
Name of the press Name	02/12/2023	Minnesota State High School, Teen and Youth Championships		Total	R-T2	-110	
02/12/2023 and Youth ChampionshipsRaw RecordsSquatR-T1100472.5 kg02/12/2023 and Youth ChampionshipsO'MalleyRaw RecordsSquatR-T2-110247.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsSelah SedlacekMinnesota State Raw RecordsBench pressR-T1*100+67.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsAmelia WrenMinnesota State Raw RecordsBench pressR-T3-82.590 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsFrancisMinnesota State Raw RecordsBench pressR-T2-110182.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsFrancisMinnesota State Are High School, Teen and Youth ChampionshipsMinnesota State Are High School, Teen and Youth ChampionshipsMinnesota State Are High School, Teen and Youth ChampionshipsDeadliftR-T1*-82.5122.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsSelah SedlacekMinnesota State Raw RecordsDeadliftR-T1*100+67.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsFrancisMinnesota State Raw RecordsDeadliftR-T1*100+67.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsPrancisMinnesota State Raw RecordsBench pressR-T1*100+67.5 kg02/12/2023 Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren<	02/12/2023		Amaya Laue	Squat	R-T1*	-82.5	105 kg
Amelia Wren and Youth Championships O'Malley Raw Records Squat R-12 -110 kg	02/12/2023		Selah Sedlacek	Squat	R-T1*	100+	92.5 kg
Amelia Wren	02/12/2023			Squat	R-T2	-110	
Amelia Wrei Raw Records Bench press R-13 -02.3 90 kg	02/12/2023		Selah Sedlacek	Bench press	R-T1*	100+	67.5 kg
Ametia WrenRaw RecordsBench pressR-3R-82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Raw RecordsBench pressR-T2-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Raw RecordsBench pressR-T3*-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmaya LaueMinnesota State Raw RecordsDeadliftR-T1*-82.5122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsDeadliftR-T1*100+122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsO'MalleyRaw RecordsDeadliftR-T2-110272.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsBench press single liftR-T1*100+67.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia WrenMinnesota State Raw RecordsBench press single liftR-T3-82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia WrenMinnesota State Raw RecordsBench press single liftR-T2-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia WrenMinnesota State Raw RecordsBench press si	02/12/2023		Amelia Wren	Bench press	R-T3	-82.5	90 kg
02/12/2023and Youth ChampionshipsO'MalleyRaw RecordsBench pressR-12-110kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Raw RecordsBench pressR-T3*-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmaya LaueMinnesota State Raw RecordsDeadliftR-T1*-82.5122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsDeadliftR-T1*100+122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Raw RecordsDeadliftR-T2-110272.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsBench press single liftR-T1*100+67.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Raw RecordsBench press single liftR-T3-82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Raw RecordsBench press single liftR-T2-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Raw RecordsBench press single liftR-T2-110182.5 kg	02/12/2023		Amelia Wren	 Bench press	R-JR*	-82.5	90 kg
02/12/2023and Youth ChampionshipsO'MalleyRaw RecordsBench pressR-13* -110kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmaya LaueMinnesota State Raw RecordsDeadliftR-T1* -82.5122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsDeadliftR-T1* 100+122.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Raw RecordsDeadliftR-T2 -110272.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsSelah Sedlacek Raw RecordsMinnesota State Raw RecordsBench press single liftR-T1* 100+67.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Raw RecordsBench press single liftR-T3 -82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Raw RecordsBench press single liftR-JR* -82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsMinnesota State Raw RecordsMinnesota State Raw RecordsBench press single liftR-T2 -110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsO'MalleyMinnesota State Raw RecordsBench press single liftR-T2 -110182.5 kg	02/12/2023			Bench press	R-T2	-110	
Amaya Laue Raw Records Deadlift R-T1* -82.5 kg	02/12/2023			Bench press	R-T3*	-110	
Selah Sedlacek Raw Records Deadlift R-T1* 100+ kg	02/12/2023		Amaya Laue	Deadlift	R-T1*	-82.5	
02/12/2023 Minnesota State High School, Teen and Youth Championships Selah Sedlacek Raw Records Minnesota State Bench press single lift R-T1* 100+ 67.5 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Amelia Wren Raw Records Minnesota State Bench press single lift R-T3 -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Amelia Wren Raw Records Minnesota State Bench press single lift R-JR* -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Amelia Wren Raw Records Minnesota State Bench press single lift R-JR* -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Francis O'Malley Minnesota State Bench press single lift R-T2 -110 182.5 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Francis Prancis Minnesota State Bench press single lift R-T2* -110 182.5	02/12/2023		Selah Sedlacek	Deadlift	R-T1*	100+	
02/12/2023Amelia Wren and Youth ChampionshipsAmelia Wren and Youth ChampionshipsAmelia Wren and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Bench press single liftR-T3-82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsAmelia Wren Raw RecordsMinnesota State Bench press single liftR-JR*-82.590 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Bench press single liftR-T2-110182.5 kg02/12/2023Minnesota State High School, Teen and Youth ChampionshipsFrancis O'MalleyMinnesota State Bench press single liftR-T2-110182.5 kg	02/12/2023			Deadlift	R-T2	-110	
02/12/2023 Ainetia Wrein and Youth Championships Amelia Wrein and Youth Championships Raw Records Single lift R-JR* -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Amelia Wrein and Wrein Raw Records Minnesota State Bench press single lift R-JR* -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships Francis O'Malley Minnesota State Bench press single lift R-T2 -110 182.5 kg 02/12/2023 Minnesota State High School, Teen Francis Minnesota State Bench press R-T2* -110 182.5	02/12/2023	Minnesota State High School, Teen and Youth Championships	Selah Sedlacek		R-T1*	100+	67.5 kg
02/12/2023 and Youth Championships Amelia Wren Raw Records single lift R-JR -82.5 90 kg 02/12/2023 Minnesota State High School, Teen and Youth Championships O'Malley Raw Records single lift R-JR -82.5 90 kg Minnesota State Bench press R-T2 -110 182.5 kg 02/12/2023 Minnesota State High School, Teen Francis Minnesota State Bench press R-T2 -110 182.5	02/12/2023		Amelia Wren	•	R-T3	-82.5	90 kg
02/12/2023 and Youth Championships O'Malley Raw Records single lift R-12 -110 kg 02/12/2023 Minnesota State High School, Teen Francis Minnesota State Bench press P. T2* -110 182.5	02/12/2023	Minnesota State High School, Teen and Youth Championships	Amelia Wren		R-JR*	-82.5	90 kg
	02/12/2023			•	R-T2	-110	
	02/12/2023				R-T3*	-110	