

# Minnesota State Records set at the 2023 Minnesota State High School, Teen and Youth Championships (2/12/2023)

MN-2023-01

02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Total	R-T1*	-75	320 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Total	R-T2*	-75	320 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Total	R-Y3	-75	320 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Squat	R-T1*	-75	117.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Squat	R-Y3	-75	117.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Aidan Jones</u></a>	Minnesota State Raw Records	Squat	R-T3*	-100	235 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Bench press	R-Y3	-75	60 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Deadlift	R-T1*	-75	142.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Deadlift	R-T2*	-75	142.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Deadlift	R-Y3	-75	142.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Matthew Nash</u></a>	Minnesota State Raw Records	Deadlift	R-T2	-100	277.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Morgan Merchlewitz</u></a>	Minnesota State Raw Records	Bench press single lift	R-Y3	-75	60 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Ava Cahill</u></a>	Minnesota State Raw Records	Total	R-T1	-60	237.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Ava Cahill</u></a>	Minnesota State Raw Records	Squat	R-T1	-60	80 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Ava Cahill</u></a>	Minnesota State Raw Records	Bench press	R-T1	-60	42.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Ava Cahill</u></a>	Minnesota State Raw Records	Deadlift	R-T1	-60	115 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Ava Cahill</u></a>	Minnesota State Raw Records	Bench press single lift	R-T1	-60	42.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Total	R-Y3*	-75	177.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Total	R-Y2	-75	177.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Squat	R-Y3*	-75	65 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Squat	R-Y2	-75	65 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Sydney Kanthack</u></a>	Minnesota State Raw Records	Bench press	R-T2	-56	47.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Bench press	R-Y2	-75	27.5 kg
02/12/2023	<a href="#"><u>Minnesota State High School, Teen and Youth Championships</u></a>	<a href="#"><u>Kaleb Buckner</u></a>	Minnesota State Raw Records	Deadlift	R-Y2	-75	85 kg

02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sydney Kanthack</u>	Minnesota State Raw Records	Bench press single lift	R-T2	-56	47.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Kaleb Buckner</u>	Minnesota State Raw Records	Bench press single lift	R-Y2	-75	27.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Total	R-T2*	-52	237.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Total	R-T3*	-52	237.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Total	R-T3	-67.5	518 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Total	R-JR*	-67.5	518 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Cameron Evans</u>	Minnesota State Raw Records	Total	R-Y3	-67.5	315 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Squat	R-T2*	-52	87.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Cameron Evans</u>	Minnesota State Raw Records	Squat	R-Y3	-67.5	107.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Bench press	R-T2*	-52	52.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Bench press	R-T3*	-52	52.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Norah Hogen</u>	Minnesota State Raw Records	Bench press	R-Y1	-35	22.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press	R-O*	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press	R-T3	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press	R-JR*	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Cameron Evans</u>	Minnesota State Raw Records	Bench press	R-Y3	-67.5	70 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Deadlift	R-T2*	-52	97.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Deadlift	R-T3*	-52	97.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Cameron Evans</u>	Minnesota State Raw Records	Deadlift	R-Y3	-67.5	137.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Bench press single lift	R-T2*	-52	52.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Anabelle Engen</u>	Minnesota State Raw Records	Bench press single lift	R-T3*	-52	52.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Norah Hogen</u>	Minnesota State Raw Records	Bench press single lift	R-Y1	-35	22.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press single lift	R-O*	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press single lift	R-T3	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Minh Doan</u>	Minnesota State Raw Records	Bench press single lift	R-JR*	-67.5	158 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Cameron Evans</u>	Minnesota State Raw Records	Bench press single lift	R-Y3	-67.5	70 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Megan Anderson</u>	Minnesota State Raw Records	Squat	R-T3	-48	77.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Megan Anderson</u>	Minnesota State Raw Records	Squat	R-JR*	-48	77.5 kg

02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Nicholas Kurtz</u>	Minnesota State Raw Records	Squat	R-T3	-60	152.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sadie Coleman</u>	Minnesota State Raw Records	Deadlift	R-T2*	-48	112.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sadie Coleman</u>	Minnesota State Raw Records	Deadlift	R-T3*	-48	112.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sadie Coleman</u>	Minnesota State Raw Records	Deadlift	R-JR*	-48	112.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sierra Sedlacek</u>	Minnesota State Raw Records	Total	R-T2*	-100	340 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sierra Sedlacek</u>	Minnesota State Raw Records	Total	R-T3*	-100	340 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sierra Sedlacek</u>	Minnesota State Raw Records	Deadlift	R-T2*	-100	150 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Sierra Sedlacek</u>	Minnesota State Raw Records	Deadlift	R-T3*	-100	150 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amaya Laue</u>	Minnesota State Raw Records	Total	R-T1*	-82.5	282.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Selah Sedlacek</u>	Minnesota State Raw Records	Total	R-T1*	100+	282.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Total	R-T3	-82.5	362.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Total	R-JR*	-82.5	362.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Total	R-T2	-110	702.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amaya Laue</u>	Minnesota State Raw Records	Squat	R-T1*	-82.5	105 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Selah Sedlacek</u>	Minnesota State Raw Records	Squat	R-T1*	100+	92.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Squat	R-T2	-110	247.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Selah Sedlacek</u>	Minnesota State Raw Records	Bench press	R-T1*	100+	67.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Bench press	R-T3	-82.5	90 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Bench press	R-JR*	-82.5	90 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Bench press	R-T2	-110	182.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Bench press	R-T3*	-110	182.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amaya Laue</u>	Minnesota State Raw Records	Deadlift	R-T1*	-82.5	122.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Selah Sedlacek</u>	Minnesota State Raw Records	Deadlift	R-T1*	100+	122.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Deadlift	R-T2	-110	272.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Selah Sedlacek</u>	Minnesota State Raw Records	Bench press single lift	R-T1*	100+	67.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Bench press single lift	R-T3	-82.5	90 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Amelia Wren</u>	Minnesota State Raw Records	Bench press single lift	R-JR*	-82.5	90 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Bench press single lift	R-T2	-110	182.5 kg
02/12/2023	<u>Minnesota State High School, Teen and Youth Championships</u>	<u>Francis O'Malley</u>	Minnesota State Raw Records	Bench press single lift	R-T3*	-110	182.5 kg

